

FOR RELEASE OCTOBER 2014

Dad to Dad: Three Ways to Become a Better Father

Oklahoma City - Bill Garrison is a CPA, a husband and father, and now an author. But what's most important to him is doing his best to be a good father-- and to encourage other fathers.

How? Let's interview him.

What has shaped your idea of what a good father does?

--"I've been shaped by the memory of all the things my dad with me. Wrestling, games, vacations, and making daily things special like going to a new restaurant."

Do you have some suggestions for men who would like to be better dads?

--1. "Actively create individual routines with each child (bedtimes, dates, inside jokes, favorite games)."



--2. Don't know how to relate to small children? "Just lay down on floor and tell them you want to rest. Your kids will be on you immediately."

--3. Keep in mind that you are influencing future generations. "Be a positive role model, both as a spiritual leader and as a husband."

Good fathering is rare and wonderful. At least that's what inspirational author Ann Voskamp says: "You may search the world over and easily find many a good doctor, a good builder, a good preacher, but it is much harder to find the happy wonder of a very good father." (Taken from Voskamp's Twitter account.)



Garrison's debut novel, *The Day She Died*, releases Oct. 15 from Castle Gate Press and will be available in selected Oklahoma bookstores as well on the Internet.

Garrison is an Oklahoman. He grew up in Broken Arrow, Oklahoma, and has degrees from Southern Nazarene University in Bethany and the University of Oklahoma in Norman. He lives in Oklahoma City with his family.

In his time-travel mystery, a middle-aged coffee-shop owner has always regretted not finding out more about the suspicious circumstances surrounding the disappearance of his college girlfriend. Then suddenly he wakes up back in his college dorm on the day she died.

Can he save her life? If not, will John find out who murdered Kim? And can he learn how to handle his regrets?

"It was an addicting journey through time that kept me anticipating where my next clue would come

from and at what point in the present, future or past would I get it. A classic whodunnit twisted into a time pretzel. I loved it!" – **Toby Rowland, Voice of the Sooners**

"*The Day She Died* is a mind-bending, page-turning mystery that showcases Bill Garrison's ability to weave a complex plot line into an unforgettable story. Highly recommended!"-- **Rene Gutteridge, best-selling author** of *Misery Loves Company*

"Writing a mystery requires skill. Telling a tale of time-travel is rank with pitfalls. Throwing in twists of plot can confound the reader. However, Bill Garrison in *The Day She Died* delivers an interesting and well-paced story with all these elements. Not only is the reader captivated by characters, the reader is right with them, not only on the same page, but also at the right time. A fascinating book that will delight lovers of mystery and fantasy." --**Donita K. Paul, best-selling author** of *Dragon Keeper Chronicles* and *The Realm Walkers*.

"Very early in my reading I found myself saying, 'This book was written just for me!' An entertaining mystery that taps into the fantasy of what it could be like to go back and redo parts of life." --**Jason Gunter, Ph.D.** licensed psychologist

"Bill Garrison paints a believable, easily followed story line that will immerse even the most seasoned of mystery readers and time travel enthusiasts, to surprise and delight right up to the end." -- **D. Donovan, eBook Reviewer, Midwest Book Review**

"In the mood for a time-travel mystery? Then this is the book for you. ... Debut author Bill Garrison pens an intriguing story of mystery, love, and danger." – **Michelle Griep, author** of *Brentwood's Ward* and *A Heart Deceived*.

"The Day She Died is an exciting, fast-paced read! It's part time travel and part mystery with a little romance thrown in. I literally didn't want to put the book down. All I can say is, you won't be disappointed!" -- **Terri Weldon, author** of *Mistletoe Magic*

###

Media kit available at at <http://www.castlegatepress.com/newsroom/>

Contact:

Phyllis Wheeler, publicist for Castle Gate Press,
244 E Glendale Rd.,
St. Louis, Missouri, 63119
p.wheeler@castlegatepress.com ,
314-962-1986